

OUR VOICE



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PARIS-BOURBON COUNTY YMCA

917 Main Street Paris, KY 40361

January 2012

www.parisbourbonymca.org

A newsletter for members and supporters of the Y



HEALTHY COOKING ON A BUDGET

A PepsiCo Healthy Living Grant enabled the Y to offer free healthy cooking classes taught by Libby Lenox. Participants learned shopping tips, nutrition, meal planning and how to cook a healthy meal for their family.



DID YOU KNOW...

The YMCA is teaching kids that "Money Matters." Maysville Community College's Dr. Mark Bell spent time with the Paris-Bourbon County YMCA after-school participants sharing the value of financial responsibility in a fun atmosphere. Each participant went home with their own piggy bank to begin their savings.



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FOOD FELLOWSHIP FUN

The YMCA's Annual Heritage Club Dinner was held October 27, at Houston Oaks Golf Course. Thank you to all the members who attended and made the event a success.

The YMCA Heritage Club consists of individuals who have demonstrated their long-term commitment to the Paris-Bourbon County YMCA through planned, charitable giving in the form of wills/bequests, charitable trusts or life insurance.

In addition to providing security for the future, contributed support is reinvested in our youth, serving as a source of scholarships awarded annually to children participating in Y programs such as camp, after school child care and youth sports.

ANNUAL GIVING CAMPAIGN 2012!

We are kicking off our Annual Giving Campaign in February and are excited to welcome Bernie Polzin, CEO of CMWA, as this year's Campaign Chairperson.

Funds raised directly support the Y's cause of strengthening communities by nurturing the potential of every youth and teen, improving the nation's health and well-being and providing opportunities to give back and support neighbors.

No one is turned away from Y programs or membership because of their inability to pay.



CHRISTMAS WITH THE Y KIDS

Santa and Mrs. Claus visited the children at the Paris Bourbon County YMCA Child Development Center. Parents and children enjoyed hearing a Christmas story and sang songs.

The children participated in a book exchange and enjoyed the festivities of the day.

The Paris-Bourbon County YMCA Child Development Center continues to flourish at full capacity with a wait list.